



08 September 2023

Dear Parent/Carer

PE Department

Firstly, a massive welcome to the new academic year to all our PE students! Over the last year, the PE department has seen an increase in participation and achievement across a variety of sports. We saw the first of many Thistley Hough Academy Sports Awards evenings held at Port Vale Football Club, our first ever girls 11-a-side football team, rugby fixtures, participation in dance shows and many more events and fixtures.

To allow for further incredible achievements, the PE department want to keep the standards and expectations high. For your child, this includes attitude to learning in lesson time, as well as attendance at extra-curricular clubs, wearing the correct PE kit at all times, and accepting the opportunities to represent the Academy.

If your child, for whatever reason, is unable to participate in PE, a parent/carer needs to supply a note with the reason outlined. PE kit is still expected to be worn when a note is provided. Our curriculum is accessible for all, and students unable to participate will still be learning the content. This also allows for students to get changed back into dry uniform following a wet lesson.

PE kit consists of Academy PE polo shirt (optional but preferable) or black t-shirt, black sports leggings, track pants or shorts (without large prints and logos). Tight, short cycling shorts and anything not black are not permitted. If your child turns up to a PE lesson with incorrect, or missing kit they will be issued with an R1 and they will be required to borrow PE kit. If they refuse to borrow, this will result in being sent to Reflect. We understand that mistakes can happen, but if your child has two R1's in a half term due to missing or incorrect kit, this will result in them being sent to Reflect. No jewellery is to be worn during PE, plasters are to be provided by home and required to cover earrings that are unable to be removed. Watches, including fitness watches, are not to be worn in PE and long hair needs to be tied back.

In the interest of safety, for sports requiring trainers, it is preferential that trainers have support i.e. no plimsolls/pumps like Converse etc. For sports such as football and rugby, your child may need boots and shinpads. You may prefer your child to have a gumshield for rugby and hockey.



As always, thank you for your support and please find our extra-curricular timetable attached for your perusal – students can just turn up, there is no need for them to register for clubs.

Yours sincerely

M Baldwin

Meg Baldwin
Head of Sport and Health

PE Extra- Curricular

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Year 11 Boys Power League MBA	Year 11 Boys Power League MBA	Year 11 Boys Power League MBA	Year 11 Boys Power League MBA	Year 11 Boys Power League MBA
After school	Rugby - DKU Year 10/11 Boys Football - SMO	Year 7 Boys Football - Stoke City Year 8/9 Boys Football - KGA Year 7/8/9/ Netball - RIN Year 10/11 Netball - MLA Badminton - CBU		Volleyball - ZLO Table Tennis - GMO	Girls Football - Stoke City