



Thistley Hough Academy Sports Newsletter

What has been on this term?

Kai from Leicester Tigers Visits Our School for a Rugby Skills Workshop!

This week, our students were treated to an exciting and inspiring visit from Kai, a star player from Leicester Tigers Rugby Club! Kai came to our school to share her expertise and teach the students a variety of rugby-related skills, leaving everyone motivated and eager to get involved in the sport.



Throughout the day, Kai led a series of engaging and interactive workshops, focusing on key skills such as passing, tackling, and teamwork. The students had the chance to participate in drills that improved their agility, strength, and understanding of the game, while also learning about the importance of sportsmanship and communication on and off the field.

Kai's passion for rugby was evident, and he made sure to keep the sessions fun and accessible for all skill levels. Whether students were seasoned rugby players or complete beginners, Kai created an environment where everyone felt confident and encouraged to give their best effort. His hands-on approach helped everyone develop a deeper appreciation for the sport and the hard work that goes into mastering it.

A big thank you to Kai and Leicester Tigers for making this day possible!



Forthcoming Events

Monday-
Tuesday-
Wednesday-
Thursday-
Friday-



Conor Thomas from Crewe Alexandra Visits Our Football Club!

We were thrilled to welcome Conor Thomas, a player from Crewe Alexandra to our after-school football club for an exclusive Q&A session with a handful of the Year 8 and 9 boys. The event was a fantastic opportunity for the students to gain insight into the life of a professional footballer and learn from someone at the top of their game.

Conor shared his journey to becoming a footballer, discussing the challenges, hard work, and dedication required to succeed in the sport. The students asked insightful questions about training, match preparation, and how to stay motivated. Conor's down-to-earth approach and honest answers made the session both informative and inspiring for everyone involved.

It was an unforgettable experience for our football club members, and we'd like to thank Conor for taking the time to visit and inspire the next generation of football talent.



Year 8 Boys Dodgeball Tournament Victory!

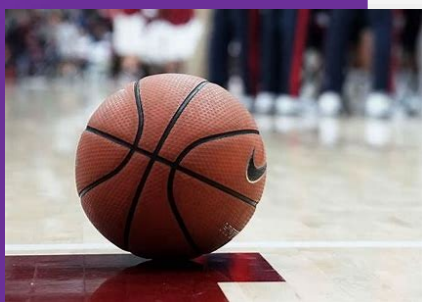
The Year 8 boys have proven their skill, teamwork, and character by claiming victory in this year's highly anticipated dodgeball tournament. From the very first round, the team showcased impressive resilience, bouncing back from tough moments and never giving up. Even when the odds were stacked against them, they maintained their focus and pushed through every challenge.

Throughout the competition, the boys embodied the core school values of responsibility and respect. They took ownership of their roles on the team, ensuring they communicated clearly and supported one another. Whether it was strategizing during breaks or cheering each other on, their respect for one another and for the game was evident.

But perhaps most importantly, their exceptional teamwork made the difference. Each player contributed to the success, whether it was with lightning-fast dodges, strategic throws, or steadfast defence. The boys worked together like a well-oiled machine, making sure every move was in sync.

By the end of the tournament, their hard work and dedication paid off with a well-earned victory. This achievement is a testament not only to their athletic ability but also to the strong values that drive them to succeed, both on and off the court. Congratulations to the Year 8 boys!





The introduction of basketball after school club

New Basketball After-School Club – Join the Team!

We are excited to announce the launch of our brand-new Basketball After-School Club! This is an amazing opportunity for all students interested in developing their basketball skills, building team spirit, and getting involved in a fast-paced and exciting sport. Whether you're a seasoned player or just getting started, all skill levels are welcome!

The club will focus on helping students improve their technique, teamwork, and sportsmanship while having fun. It's a chance to learn the fundamentals of basketball, such as dribbling, shooting, passing, and defence, all while working alongside teammates to develop strategies and game sense.

Our goal is to build a strong basketball team to compete against other schools in the city. By joining the club, you'll be part of a growing team with the chance to represent the school in upcoming tournaments and matches. It's not just about winning, but about challenging yourself, growing as an athlete, and making lasting friendships with your teammates.

Practices will be held after school, and we encourage students of all year groups to come along and give it a try. Don't miss out on the chance to be part of something special – come and be a part of our new basketball team!





Girls Triumph in Stoke community trust tournament!



We are thrilled to announce that our girls' team has emerged as the champions of the Stoke Community Trust Tournament! With determination, skill, and teamwork, they remained unbeaten throughout the entire competition, showcasing their incredible talent and sportsmanship.

From the very first whistle, our girls dominated the tournament, playing with an unwavering spirit. Every match was a testament to their dedication and hard work, culminating in a well-deserved victory. Their impressive performance not only earned them the trophy but also the opportunity to step onto the pitch at the Bet365 Stadium during the half-time break of the Stoke vs Middlesbrough match.

Congratulations to the entire team for their outstanding achievement. There is plenty more to come with Mr Tomlinson at the wheel.



Netball Finalists

Our talented Year 7 ladies showcased their incredible skills and teamwork at the city netball competition last week. They went undefeated in six games, demonstrating their determination and prowess on the court. Although they faced a well-drilled St Joseph's team in the final and came up short, there were numerous positives to take away from the experience.

The team is now focused on refining their skills and strategies as they prepare for the PGL netball weekend in May. With their positive attitude and commitment to improvement, we are confident they will continue to shine.



Student of the term

Jacob Sewell made an impressive debut in England's weightlifting competition, despite only training for a short period. His natural strength and determination allowed him to quickly grasp technique and improve his performance. His success highlighted his potential and showcased how dedication can lead to rapid progress in the sport. Well done, Jacob!



Girls Go Racing

Sophie-Mae Birchall and Lola Birchall have both been very busy over the last few weeks, racing at different venues across the country including Northwich, Chester and Eton. They have both been successful gaining either gold or silver medals when competing for the North and the Northwest, also competing against 49 top crews in the UK.





Thistley Hough Sport Gallery



